

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5361 West 26th Avenue Wheat Ridge, CO 80214 (303)-233-8518			1 9:30 Aromatherapy 10:30 Patio Chat 1:00 Relax Time 3:00 Exercise 3:30 Bingo 6:00 Evening news	2 9:30 Exercise 10:30 Painting Memories 1:00 Relax Time 2:15 Scenic Drive 3:15 Manicures 3:45 Reading 6:00 Reminiscing	3 9:30 Aromatherapy 1:00 Relax Time 3:00 Birthday Party 3:30 Exercise/Walks 4:00 One on One 6:00 Movie night	4 9:30 Aromatherapy 10:30 Art time/Gardening 1:00 Relax Time 2:45 Exercise 3:15 Bingo 6:00 Lawrence Welk
5 9:30 Aromatherapy 10:30 Gardening Club 1:00 Church 2:30 Sunday Sundaes 3:00 Exercise 4:00 One on One 6:00 Watch the News	6 10:15 <i>Music Therapy!</i> 1:00 Relax Time 3:15 Exercise 3:45 Take a walk 6:00 Living room chat	7 9:30 Exercise 10:30 Patio Chat 1:00 Relax time 3:00 Manicures 4:00 Doses of Nostalgia 6:00 Watch a Movie	8 9:30 Aromatherapy 10:30 Patio Chat 1:00 Relax Time 3:00 Exercise 3:30 Bingo 6:00 Evening news	9 9:30 Exercise 10:30 Painting Memories 1:00 Relax Time 2:30 <i>Planetarium Show</i> 3:15 Manicures 3:45 Reading 6:00 Reminiscing	10 9:30 Aromatherapy 10:30 Patio Chat 1:00 Relax Time 3:00 Happy Hour 3:30 Exercise/Walks 6:00 Movie night	11 9:30 Aromatherapy 10:30 Art time/Gardening 1:00 Relax Time 2:45 Exercise 3:15 Bingo 6:00 Lawrence Welk
12 9:30 Aromatherapy 10:30 Gardening Club 1:00 Church 2:30 Sunday Sundaes 3:00 Exercise 4:00 One on One 6:00 Watch the news	13 9:30 Aromatherapy 10:00 <i>Museum of Nature and Science</i> 1:00 Relax Time 3:15 Exercise 3:45 Take a walk 6:00 Living room chat	14 9:30 Exercise 10:30 <i>Writer's Group</i> 1:00 Relax Time 1:30 <i>Music with Dan</i> 3:00 Manicures 4:00 Stories 6:00 Watch a movie	15 Happy Birthday Barbara! 9:30 Aromatherapy 10:30 Patio Chat 1:00 Relax Time 3:00 Exercise 3:30 Bingo 6:00 Evening news	16 9:30 Exercise 10:30 Paining Memories 1:00 Relax Time 2:15 Scenic Drive 3:15 Manicures 3:45 Reading 6:00 Reminiscing	17 9:30 Aromatherapy 10:30 Patio Chat 1:00 Relax Time 3:00 Happy Hour 3:30 Exercise/Walks 4:00 One on One 6:00 Movie night	18 9:30 Aromatherapy 10:30 Art time/Gardening 1:00 Relax Time 2:45 Exercise 3:15 Bingo 6:00 Lawrence Welk
19 9:30 Aromatherapy 10:30 Gardening Club 1:00 Church 2:30 Sunday Sundaes 3:00 Exercise 4:00 One on One 6:00 Watch the News	20 9:30 Aromatherapy 10:30 Scenic Drive 1:00 Relax Time 3:15 Exercise 3:45 Take a walk 6:00 Living room chat	21 9:30 Exercise 10:30 <i>Writer's Group</i> 1:00 Relax Time 3:00 Manicures 4:00 Stories 6:00 Watch a Movie	22 Happy Birthday Shirley! 9:30 Aromatherapy 10:30 Patio Chat 1:00 Relax Time 3:00 Exercise 3:30 Bingo 6:00 Evening News	23 9:30 Exercise 10:15 Scenic Drive 10:30 Painting Memories 12:45 <i>Music with Preethi!</i> 3:15 Manicures 3:45 Reading 6:00 Reminiscing	24 9:30 Aromatherapy 10:30 Patio Chat 1:00 Relax Time 3:00 Happy Hour 3:30 Exercise/Walks 4:00 One on One 6:00 Movie night	25 9:30 Aromatherapy 10:30 Art time/Gardening 1:00 Relax Time 2:45 Exercise 3:15 Bingo 6:00 Lawrence Welk
26 9:30 Aromatherapy 10:30 Gardening Club 1:00 Church 2:30 Sunday Sundaes 3:00 Exercise 4:00 One on One 6:00 Watch the News	27 9:30 Aromatherapy 10:30 Scenic Drive 1:00 Relax Time 3:15 Exercise 3:45 Take a walk 6:00 Living room chat	28 9:30 Exercise 10:30 <i>Writer's Group</i> 1:00 Relax Time 3:15 <i>Music with Preethi!</i> 4:00 Stories 6:00 Watch a movie	29 9:30 Aromatherapy 10:30 Patio Chat 1:00 Relax Time 3:00 Exercise 3:30 Bingo 6:00 Evening News	30 9:30 Exercise 10:30 Paining Memories 1:00 Relax Time 2:15 Drive to 3:15 Manicures 3:45 Reading 6:00 Reminiscing	<u>Resident Birthdays</u> Barbara Prochnio-Sep.15 Shirley McLane-Sep.22	<u>Staff Birthdays</u>